



# Saltford Winter Socklympics



## Eddie the Eagle Ski Jump

In your socks, have a three-step run up and jump as far as you can in your best ski jump impression. Measure your distance.

## Figure Skating

Come up with your best artistic figure skating routine that lasts between 30seconds – 1 minute.

## Sock Ice Hockey

With a broom, umbrella or mop, tap your ball of socks side to side as many times as you can in a minute.

## Speed Skating

How far can you travel in 1 minute without lifting your feet off the floor?

## Curling

Using 5 sock balls, aim for a sock target of choice, how many times can you hit the target?

